



*“Tranquil Relief Through Nature,
The art of Kaiser Permanente
Westside Medical Center”*

100 page art book of their
permanent collection.
Kaiser Permanente® thrive, 2013

*Patience rising:
A GENTLE LIGHT*
Marla Haggitt, West Linn, Oregon

*My daughter opens her eyes, hearing the voices
of a world that has each been there since
the beginning. She knows about the world,
the ground, the sky, the air, the light.*
Kaiser Permanente
Westside Medical Center
Corvallis, Oregon

ART IS POWERFUL. IT CAN CALM OUR WORRIES AND SEND OUR THOUGHTS
AND SPIRITS SOARING. IT PUTS US IN TOUCH WITH OUR HUMANITY.

*Above (lower left):
UP - LAURELHURST PARK
Photography and poetry on Marlin, 9 x 10 ft.
Design by Studio Art Direct, Portland, Oregon
Photography by Zeb Andrews, Portland, Oregon
Poetry by Jennifer Kibben, Corvallis, Oregon*

EPIFLORESCENCE III Karen Silva, Portland, Oregon
Original acrylic on canvas, 68 x 98 in.

KAISER PERMANENTE
WESTSIDE MEDICAL CENTER
A place for total health

We stand for total health. It's a simple declaration by Kaiser Permanente that we will support each person to be as healthy as possible — in mind, body, and spirit. We want our facilities to be places where all those needs are met, whether you're a patient, a family member, or a staff member providing care.

When you come to Kaiser Permanente Westside Medical Center, everything around you is meant to enhance your experience and contribute to your health and well-being.

Our total health environment governs how we design new facilities and renovate existing ones around you and your needs. Westside Medical Center was one of the first Kaiser Permanente facilities whose design fully incorporates these learnings, which grew out of our observations and feedback from patients, visitors, and staff in our varied medical settings.

You may notice the results in more readable wayfinding signs, windows that maximize natural light and views, and colors that soothe and relax. Bike lockers for cyclists. Free Wi-Fi for Web surfers. Wider furnishings and exam tables for the comfort and dignity of plus-sized patients. It's all part of meeting your total health needs. So is the art you'll see throughout Westside Medical Center.

Our early medical directors believed that art can distract from the worry and stress of being sick or injured. Since the 1950s, we've acquired works by Northwest artists to hang in the public areas of our new facilities.

Westside Medical Center refines that tradition with a focus on art inspired by the Northwest's natural beauty. And not just paintings, prints, and photography but poetry as well. Some of Oregon's leading poets — including the state's poet laureate, Paulann Petersen — submitted nature-inspired poems. Paired with visual art installed on each floor, the poems make the momentary wait for an elevator an uplifting experience.

Art is powerful. It can calm our worries and send our thoughts and spirits soaring. It puts us in touch with our humanity. In short, art helps us thrive.

On behalf of all the people of Kaiser Permanente, we hope you enjoy the beautiful images and words in this book.

Susan E. Mullaney
Susan Mullaney
Vice President, Hospital Operations
Kaiser Permanente
Portland, Oregon